



Participant ID #:

Acrostic:

Technician ID:

Date: / /
Month Day Year

INTRODUCTION

Hello, my name is [interviewer name], and I'm calling to speak with [participant name]. Is [participant name] available?

If No: —————→ When would it be convenient to call back? —————→ Thank you. I will call again.

If Yes: —————→ Hello, [participant name], this is [interviewer name] with the MESA study. I'm calling to see how you have been since our last telephone interview with you and update our MESA records. Do you have a few minutes to speak on the phone?

If No: —————→ When would it be convenient to call back? —————→ Thank you. I will call again.

If Yes: —————→ We'd like to ask you some questions about your general health and any medical conditions you may have experienced since our last telephone interview with you on —————→. I know some of these questions may be familiar, but tracking changes in your health over time is very important in helping us understand more about the causes of heart disease and stroke and how these diseases may relate to other aspects of your life.

We also have an option that would allow you to answer the questions in a web-based survey. Would you prefer to answer the questions with me on the phone now, or would you like me to email you a survey that you can complete on your own?

I also have a couple of updates to share about the study. To support our continued work, we will begin contacting you and other participants twice a year instead of once. These additional check-ins will help us stay up to date on important health events in your life. We are very grateful for your continued commitment to MESA. Additionally, you may have already heard that the next MESA MIND study is underway. This is the fourth MESA exam focused on brain health. If you're eligible to participate, we will reach out to you if we have not already done so.

Next, I'd like to make sure our records are up to date. Could you please tell me if the following information I have is still correct?

1. Would you say, in general, your health is: **(read all response categories except Unsure)**

- ☐ Excellent ☐ Good ☐ Poor
☐ Very Good ☐ Fair ☐ Unsure

2. Since our last telephone interview with you, have you at any time seen a doctor or other health care professional? **Optional:** A 'health care professional' is a doctor, nurse, nurse practitioner, or other certified specialist working in a clinic, hospital, or ambulance. This person may also be a practitioner of non-Western medicine (e.g. an acupuncturist or Asian herbalist) but should not include chiropractors, exercise instructors, or diet coaches.

- ☐ Yes ☐ No

Since our last telephone interview with you, have you had an overnight stay in a hospital or nursing home?

- ☐ Yes ☐ No

Did the participant answer "Yes" to either part of Q2 (seen a health professional or overnight stay)?

- ☐ Yes ☐ No
☐ Unsure

Go to Q3a

Skip to Q7



3a. Has your doctor or other health care professional told you that you had diabetes?

- ☐ Yes →
- ☐ No (**go to Q3b**)
- ☐ Unsure (**go to Q3b**)

If Yes to diabetes:

Is this a new diagnosis since our last telephone interview with you?

- ☐ Yes
- ☐ No
- ☐ Unsure

3b. Has your doctor or health care professional told you that you had one of the following since our last telephone interview with you? (**Read each diagnosis**)

	Yes	No	Unsure
Hight Blood Pressure	☐	☐	☐
If Yes: Was this a new diagnosis since our last contact with you?	☐	☐	☐
High Cholesterol Level	☐	☐	☐
If Yes: Was this a new diagnosis since our last contact with you?	☐	☐	☐

4. Since our last telephone interview with you, has a doctor or health care professional told you that you had any of the following? (**Read each diagnosis**)

	Yes	No	Unsure
A myocardial infarction or heart attack	☐	☐	☐
Angina pectoris or chest pain due to heart disease	☐	☐	☐
Heart failure or congestive heart failure	☐	☐	☐
Peripheral arterial disease, intermittent claudication or pain in your legs from blockage of the arteries	☐	☐	☐
Atrial fibrillation	☐	☐	☐
Deep vein thrombosis or blood clots in your legs	☐	☐	☐
A transient ischemic attack (TIA) or mini-stroke	☐	☐	☐
A stroke	☐	☐	☐
Blockage in the carotid artery	☐	☐	☐
Cancer	☐	☐	☐
COVID-19 infection	☐	☐	☐

**Complete
"Specific Medical
Conditions" form
for each item
with a Yes
response**



5. Since our last telephone interview with you, have you had any other condition that resulted in an:

	Yes	No	Unsure
Overnight hospital stay	☐	☐	☐
Overnight stay at a nursing home or rehabilitation center	☐	☐	☐



**Complete “Other Admissions” form
for each item with a Yes response.**

6. Since our last telephone interview with you, have you had any of the following tests or procedures in or out of the hospital? (**Read each procedure**)

	Yes	No	Unsure
An angioplasty procedure or stent to open up arteries to your heart	☐	☐	☐
Coronary bypass surgery	☐	☐	☐
An angioplasty procedure or stent to open up arteries in either of your legs	☐	☐	☐
A cardioversion where electricity is applied to your chest to convert your heart rhythm from atrial fibrillation or atrial flutter to a normal rhythm	☐	☐	☐
An ablation procedure, where a long flexible tube, or catheter, is inserted into the heart, and energy is applied to destroy tiny areas of tissue to block atrial fibrillation or atrial flutter	☐	☐	☐



**Complete “Specific Medical Procedures”
form for each item with a Yes response
from Q6.**



Yes No Unsure

7. Are you taking aspirin on a regular basis? ☐ ☐ ☐

If Yes: How many days a week?

8. For participants with history of pacemaker or implanted cardioverter defibrillator based on prior event investigation:

a. Based on your prior MESA interviews, I see that you have had a *[pacemaker or other device type from investigation]* implanted on *Month/Day/Year [CC inserts date of insertion based on event investigation]*. Is that right? Do you still have an implanted device?

☐ Yes ☐ No ☐ Unsure

For participants without history of device:

b. Do you have an implanted cardiac pacemaker or an implanted cardioverter-defibrillator (ICD)?

☐ Yes ☐ No ☐ Unsure

If Yes to a or b:

c. Is it a cardiac pacemaker or a cardioverter-defibrillator?

☐ cardiac pacemaker ☐ cardioverter-defibrillator

END: Thank you so much for talking with me today. We greatly appreciate your participation in MESA. Should you have any questions, please feel free to call us at the clinic at *[clinic phone number]*.